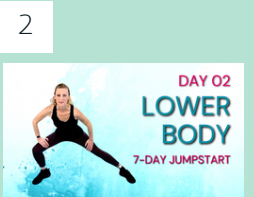
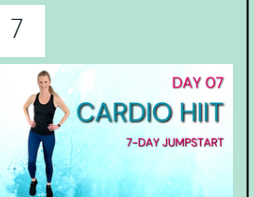
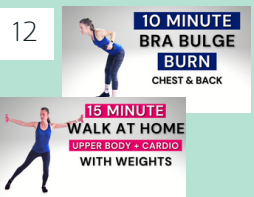
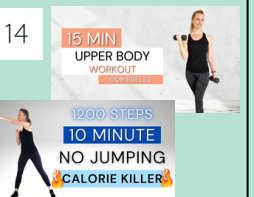
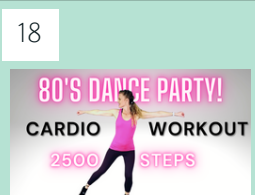
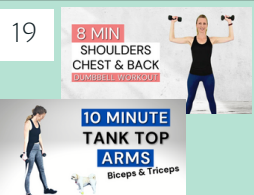
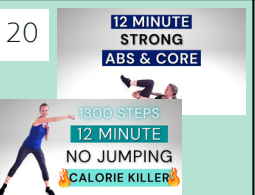
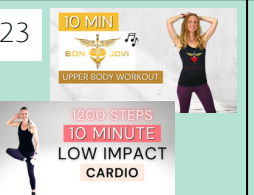
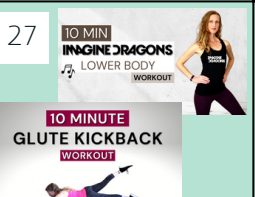
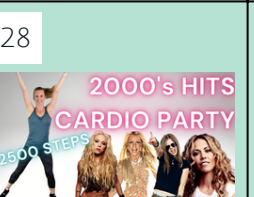
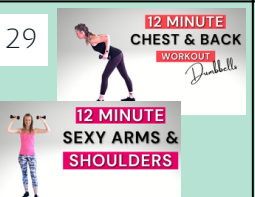


DECEMBER *Holiday Hype* CHALLENGE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	THE THUMBNAILS ON THIS CALENDAR ARE LINKED TO THE WORKOUT VIDEO. JUST CLICK ON THE PIC TO GO TO THE VIDEO!					
						
						
						
						



Enrich Your Life Fitness



Enrich Your Life Fitness



Enrich Your Life Fitness



ENRICH YOUR LIFE
Fitness and More